

Patient management and follow-up

MEDICAL CONSULTATION

The centre doctor will clinically examine the patient. He/she will record any contraindications to the treatments provided within the programmes or to specific therapies, as well as any precautions to be taken. Depending on the type of programme and the patient's needs, the doctor will prescribe the further tests and check-ups that are required.

CONSULTATION WITH A NATUROPATH

The naturopath's role is to define the treatments that will be applied and shape the programme that the patient will follow, reflecting the examinations and tests carried out by the centre doctor. Whilst the doctor's role is one of supervision and safety, it is the naturopath who treats patients and checks the outcome of the programme and results each day.

CONSULTATION WITH A DIETICIAN – OPTIONAL

If the patient so requests, it is possible to make an appointment with a dietician to obtain information on healthy eating.