

Maurice Mességué

A PIONEER AND CELEBRATED WRITER

Maurice Mességué, who was born in Gers, southwest France, in 1921, has devoted his life to combating the misuse of drugs and chemical products whilst promoting healthier lifestyles.

He has written several successful plant-based recipe books, which have been translated into seventeen languages and sold in their millions. They include:

- *Of People and Plants*
- *Health Secrets of Plants and Herbs*
- *Maurice Mességué's Way to Natural Health and Beauty*
- *A Kitchen Herbal: Making the most of herbs for cookery and health*

A PLANT HEALER

In over forty years, Maurice Mességué has treated thousands of people. The press first raised the profile of this man who healed the celebrities of the day, such as Winston Churchill, with his "*bonnes plantes*."

The first phytotherapy centre to follow his plant-based recipes opened in Switzerland. Thousands of patients have been restored to health here without using drugs. With his son Didier, who shares his passion and charisma, Swiss Phytotherapy® is now developing new centres in select hotels to bring its benefits to a wider audience.