

## Product list

**"Swiss/Phytotherapy®- Mességué®- Phytoline®"**

## CONTENTS

IMPORTANT NOTE.....	2
1 HERBAL TEAS .....	2
2 MAGNESIUM PCA (PYROGLUTAMIC ACID) WITH RED BEET EXTRACT .....	2
3 VITAMIN D3 .....	3
4 OLIGOMERIC PROANTHOCYANIDINS (OPC – GRAPE SEED EXTRACT).....	3
5 OMEGA 3-6-9 AND THE MEDITERRANEAN DIET .....	3
6 GARLIC .....	4
7 BLUE-GREEN ALGAE.....	4
8 DOLUPÉRINE® .....	4
9 SUPEROXIDE DISMUTASE (SOD), PROTECTION AGAINST OXIDATIVE STRESS.....	5
10 EA-FIT WEIGHT-LOSS SUPPORT .....	5



## IMPORTANT NOTE

---

In this document, we present some of the products specific to Swiss/Phytotherapy® treatment centres. This non-exhaustive list does not include cosmetic products but more information is available from our website [www.swiss-phytotherapy.com](http://www.swiss-phytotherapy.com) and your nearest treatment centre.

## 1 HERBAL TEAS

---

Swiss/Phytotherapy® herbal teas are prepared by professionals in our treatment centres. All the plants are carefully selected and quality controlled. They are used whole and have not been chemically treated.

## 2 MAGNESIUM PCA (PYROGLUTAMIC ACID) WITH RED BEET EXTRACT

---

Magnesium is an essential nutrient for the nervous system. When patients strengthen their nervous system, they also revitalize most of their organ functions (magnesium is involved in more than 300 cellular and enzymatic reactions).

However, the cells are intelligent and move to protect themselves from intruders. And so only 5% to 6% of the ordinary magnesium that we absorb actually enters the nerve cells. That is why we have added red beet extract (pyroglutamic acid or PCA) to our magnesium (in ampoules).

PCA is a plant-based derivative. It carries magnesium inside the nerve cells, where 90% is assimilated. The combination of magnesium and PCA penetrates surprisingly quickly.

*Each day, patients receive two ampoules of magnesium PCA.*

### 3 VITAMIN D3

---

Vitamin D (the bone vitamin) is very important because it regulates phosphorus and calcium, reduces inflammatory conditions and improves muscle strength. It is also called the skin vitamin because it is made in response to sunlight.

It should be combined with magnesium, which supports its assimilation. Through their joint action on the brain, together they fight bone ageing and depression whilst preventing memory loss and playing a major role in boosting the immune defences.

*Each day, patients receive two capsules of plant-based vitamin D3.*

### 4 OLIGOMERIC PROANTHOCYANIDINS (OPC – GRAPE SEED EXTRACT)

---

To combat cell damage and premature ageing, Swiss/Phytotherapy® - Mességué® - Phytoline® offers a 100% natural method of rejuvenating the skin with OPC (oligomeric proanthocyanidins), better known as grape seed extract. This is a rare and fragile substance that helps the human body continue making its own elastane and collagen, which is essential for the regeneration of the skin and arteries.

Grape seed extract has many other properties. It is the most effective antioxidant known to man, providing excellent protection against cell damage and unbeatable anti-ageing effects.

Therefore, the OPC treatments provided in Swiss/Phytotherapy® - Mességué® - Phytoline® centres work to rejuvenate the body. These treatments are essential for living longer and healthier lives.

*Each day, patients receive an ampoule of OPC.*

### 5 OMEGA 3-6-9 AND THE MEDITERRANEAN DIET

---

Omégacœur® capsules are a concentrated mix of Omega 3, 6 and 9, fish oil, olive, wheat germ, walnut, garlic and basil extract. Featuring all the characteristics of the Mediterranean diet, this product is essential in the fight against cardiovascular disease.

*Each day, patients receive three capsules of Omégacœur® Omega 3-6-9.*

## 6 GARLIC

---

Every morning, patients are served breakfast in bed with a garlic clove to be taken on an empty stomach with apple compote. The compote makes the clove easier to swallow and neutralizes the smell of garlic in the mouth.

With its exceptional properties, garlic is like a natural pharmacy. It is a phenomenal bactericide and notable anti-putrescible which purifies the intestines. A laxative, diuretic and antiseptic, it has natural antibiotic qualities. It is a friend to the bronchi and lungs. An effective stimulant of vitality, virility, longevity and positivity, it also offers incredible protection against cancer. Finally, garlic is a formidable blood pressure regulator, helping to lower blood pressure in hypertensive patients and increase it in hypotensive patients.

Apples also present numerous benefits, making them another effective tool in health prevention.

*Each day, patients receive a garlic clove with apple compote.*

## 7 BLUE-GREEN ALGAE

---

Blue-green algae are rich in phycocyanin (a blue pigment) that revitalizes the immune defences and cell regeneration. Blue-green algae extract naturally contains twenty times more beta-carotene than carrots. And beta-carotene is scientifically proven to boost the immune defences.

Blue-green algae packaged in ampoules are fortified in zinc, which is an essential trace element in the fight against ageing.

*Each day, patients receive a dose of blue-green algae extract.*

## 8 DOLUPÉRINE®

---

This mix, a curcumin, piperine and gingerol concentrate, eliminates toxins and neurotoxins and stimulates the immune defences.



Neuro-vegetative disorders, which increase after the age of fifty, are caused by the creation of senile plaques and the development of fibromyalgia in the brain. These homogenous plaques are formed by pesticides and heavy metals, which attach to fat cells and create short-circuits between the neurones. Dolupérine® combats these phenomena and so delays the onset of neuro-vegetative disorders.

*Each day, patients receive three capsules of Dolupérine®.*

## 9 SUPEROXIDE DISMUTASE (SOD), PROTECTION AGAINST OXIDATIVE STRESS

---

SOD, which is based on melon seed, red pepper and sorrel extract, blocks the cell oxidation caused by acidity. Superoxide dismutase is an essential enzyme naturally produced by every living organism. This major antioxidant is the keystone of the antioxidant defence system.

SOD is used in the fight against ageing in man as levels of SOD in the blood fall as we age.

*Each day, patients receive two capsules of SOD.*

## 10 EA-FIT WEIGHT-LOSS SUPPORT

---

Using a combination of amino acids, it is possible to boost fat burning simply and naturally by rebalancing the famous Krebs cycle. This method also acts on the hypothalamus and the endorphins that regulate mood, positivity, wellbeing, fatigue, desire, pleasure and the sensation of hunger.

With carefully chosen plants rather than drugs, therefore, we can regulate various functions and help the body manage the absorption of fat as well as eliminate toxins. By stabilizing organ function and boosting fat and sugar (glucose) metabolism, energy levels are increased, revitalizing the muscles and shifting excess pounds.

*Each day, patients receive two to four capsules as necessary.*